

**Anne Arundel Community College A.A.S. Therapeutic Massage
to Excelsior College BS Health Sciences**
Revision: January 2017

This program plan outlines how students can transfer from the **Anne Arundel Community College A.A.S. Therapeutic Massage** program to the **Excelsior College BS Health Sciences** program. Upon completion of the **A.A.S. Therapeutic Massage**, the following credits will apply for students enrolling in the **BS Health Sciences** program.

Anne Arundel Community College Credits	Semester Hours	Excelsior College Requirements	Semester Hours
BIO 230: Structure and Function of the Human Body or BIO 321/323/233/234**	4	Natural Sciences Requirement	4
English*	3 to 6	Written English Requirement	3 to 6
Mathematics (MAT 135: Elementary Statistics is preferred)	3	Statistics Requirement	3
MAS 100: Introduction to Massage	1	Health Sciences Elective	1
Computer Technology	4	Not applicable to this degree	0
Elective (Physical Education)	1	Health Sciences Elective	1
English*	3	Written English Requirement	3
MAS 110: Fundamentals of Massage Therapy	7	Health Sciences Elective	7
MDA 113: Medical Terminology	3	Health Sciences Elective	3
PSY 111: Introduction to Psychology	3	Social Sciences Requirement	3
EMT 104: Emergency Medical Responder OR HEA 150: First Aid and Safety -- CPR	3	Health Sciences Elective	3
MAS 111: Deep Tissue Massage	6	Health Sciences Elective	6
MAS 117: Kinesiology for Massage Therapists	4	Health Sciences Elective	4
MAS 118: Business for Bodyworkers	2	Health Sciences Elective	2
Arts and Humanities General Education	3	Humanities Requirement	3
MAS 120: Massage Therapy Clinic 1***	1	Not applicable to this degree	0
MAS 121: Massage Therapy Clinic 2***	1	Not applicable to this degree	0
MAS 113: Advanced Massage Techniques	6	Health Sciences Elective	6
SOC 111: Introduction to Sociology	3	Social Sciences Requirement	3
Total Credits Required for Associate	61 to 64	Total Credits Accepted from Associate	55 to 58

*It is suggested that students complete the AACC requirement using the option of a 6 credit, two-course sequence (ENG 111: Composition and Introduction to Literature 1 and ENG 112: Composition and Introduction to Literature 2 or ENG 115: Composition and Introduction to Literature for Non-native Speakers 1 and ENG 116: Composition and Introduction to Literature for Non-native Speakers 2 or ENG 121: Composition and Literature and ENG 207: Writing for Professionals) in order to fulfill the 6 credit EC Written English Requirement.

**The BIO 231: Human Biology 1 and BIO 232: Human Biology 2 sequence or BIO 233: Anatomy and Physiology 1 and BIO 234: Anatomy and Physiology 2 sequence with a grade of C or better is an option if students prefer to take them in lieu of passion BIO 230 with a grade of C or better.

***Courses would be classified as Health Sciences electives, but exceeds the maximum allowable 32 credits in this area.

Credits Beyond The Associate That Can Be Transferred OR Taken At Excelsior		
Anne Arundel Community College Credits	Semester Hours	Excelsior College Requirements
HUS 101: Human Serv and Coun Ethics OR PHL 142: Ethics	3	Ethics Requirement
Any Humanities	3	Humanities Requirement
Any Social Sciences	3	Social Sciences Requirement
Any Math or Natural Sciences	2	Natural Sciences Requirement
Any Math, Natural Sciences, Humanities, Social Sciences or History	27	Arts and Sciences Electives
Total Additional Credits	38	

Credits To Be Taken At Excelsior College *	
Excelsior College Requirements	Semester Hours
INL 102: Information Literacy	1
HSC 310: Writing and Communication in the Health Sciences Professions	3
HSC 320: Health Care Issues in Culturally Diverse Populations	3
HSC 365: Research for Evidence-based Practice	3
HSC 431: Introduction to Health Care Delivery Systems	3
HSC 445: Introduction to Health Care Informatics	3
Emphasis (Health and Wellness, Health Education, Management, or Public Health)	9
HSC 464: Health Sciences Capstone <i>NOTE: The Capstone MUST be completed at Excelsior</i>	3
Total Credits	28

* The above credits (with the exception of the **Capstone** course) may also be transferred in or taken at another 4-year regionally accredited institution.

Evaluation Summary	Semester Hours
Credits Accepted from Associate Degree	55 to 58
Additional Credits Beyond the Associate Degree	38
Credits from Excelsior *	28
Total Credits Required for Bachelor's Degree	66

* Students are required to take a minimum of **12.00 credits** from Excelsior to qualify for partner pricing.

NOTE: Excelsior College reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.